







Youth Becoming Leaders Prayer Book

PRESENTED TO:

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BY:

YOUTH BECOMING LEADERS

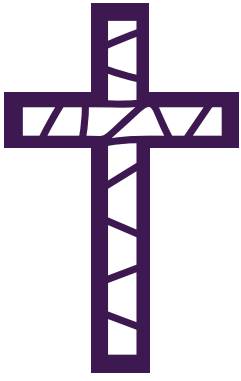
High School Christian Leadership and Global Transformation Institute

ON:

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YOUTH BECOMING
LEADERS
High School Christian Leadership and Global Transformation Institute

PRAYER BOOK



A gift from
Next Generation Leadership Initiative
of the
Anglican Church in North America

INTRODUCTION

WHAT IS A PRAYER BOOK?

The Christian life is a journey—a walk with Christ that shapes who we are and how we live in the world. One of the greatest gifts the Church offers us on this journey is common prayer, a way of praying that connects us with the wider Church, both past and present. A prayer book is not just a book of words; it is a spiritual companion, a guide to help us pray when we don't know what to say, to keep us grounded when life feels chaotic, and to root our faith in the deep soil of Christian tradition.

For centuries, the Book of Common Prayer (BCP) has offered a structure for daily worship, Scripture reading, confession, praise, and spiritual growth. First developed in the 16th century, the Anglican Church created the BCP to help the whole Church pray together with "one voice," offering unity in diversity and grounding us in the core truths of the Christian faith. This YBL Prayer Book adapts that tradition for your journey as a young leader learning to follow Jesus more fully.

Over the years, the church has continued to adapt the BCP to offer new generations a faithful, modern expression of that historic tradition. In addition to other worship resources, the BCP includes prayers for morning and evening, Holy Communion

services, psalms, Scripture readings, and prayers for all kinds of occasions.

This edition retains those essentials while offering guidance and accessible formats for youth and young adults learning to grow in prayer and take their place as leaders in the Church.

WHY USE A PRAYER BOOK?

You might wonder: Why use a book to pray? Can't I just talk to God on my own? Absolutely! You can and should! But a prayer book does something beautiful: it gives you words when yours run out. It connects you to the wisdom of Christians who have gone before you. It teaches you how to pray when you feel distracted, anxious, or unsure. And it helps shape your soul to be more like Christ through regular rhythms of Scripture and prayer.

Using a prayer book also reminds us that we're not alone. You're joining your voice with countless others across time and space who are lifting up the same prayers, confessing the same faith, and longing for the same hope in Christ.

HOW TO USE THIS BOOK

This Prayer Book is designed to be both flexible and formative. You don't have to do everything all at once! Instead, start small and continue growing. Here are a few ways to begin:

- **Daily Prayer**: Each day, join in one or more times of prayer. Use the Morning, Noon, or Bedtime Prayer services. These three short prayer times help you stay grounded in God's presence throughout the day. Even five minutes can shape your heart over time. Try to memorize the Lord's Prayer and the Confession. Keep your prayers brief so you do not feel overburdened by the daily effort. Remember: this isn't a competition, but an invitation to be increasingly aware of God's presence and his desire to converse with you.

- **Psalms and Scripture:** Read at a pace that promotes your love of Scripture, meeting God, and the continuation of reading. (See the "Lectionary" section at the end of this book.) These ancient words have shaped the lives of believers for centuries.

- **Prayers for Specific Moments**: Note how each time of prayer has a slightly different focus that is particularly appropriate for that time of day, especially the Collects (pronounced "cah-lects").

This book also includes prayers for things like anxiety, friendship, school, and reading Scripture. These are meant to help you draw near to God in everyday moments.

- **Personal Prayer**: Each time of prayer includes a prompt for extemporaneous personal prayer. Here you are encouraged to pray for the world, the nation, the church, your local community, your friends, and yourself.

- **Journal**: As you read, it can help to take brief notes, mark up your Bible, and pause to listen as the Spirit invites you to know God more deeply. Consider questions like these as you read to help you meet God: What did this mean to the first readers? How does this text fit into the Big Story of Scripture (the story of Jesus)? How is my story caught up in the themes of the Big Story that the passage brings up? Don't be afraid to ask your community questions about passages you find difficult. The Scriptures are the church's book, and we need each other to understand them more fully.

Each prayer session takes only 5-10 minutes (reading the Scripture passages will add 10-15 minutes). Find a consistent space, time, and place for each prayer time, since where you are will likely be different for each.

If you are praying with a friend or small group, agree on how often you will read, discuss, and pray together.

BUILDING A HABIT OF PRAYER

One of the goals of this Prayer Book is to help you build a holy rhythm in your life. The Church has long taught the value of praying at set times throughout the day—morning, noon, evening, and night. These set prayers are not meant to restrict you but to free you: they create space in your day to stop, breathe, and remember that God is with you.

By starting your day with Morning Prayer, pausing at midday, and resting with a short Bedtime Prayer, you are being formed —bit by bit—into someone who lives in constant conversation with God. Think of these times as anchors for your day, helping you stay rooted in Christ no matter what comes.

Use this book as a tool to grow that habit. Don't worry if you miss a time now and then—just pick it back up and keep going. Faithfulness is built over time, and these prayers are here to support you on the journey. When you miss times of prayer (and you will!), be gracious with yourself, and remember that God loves you and is present at all times.

A FINAL WORD

You are being formed to lead—not just by speaking or serving, but by the way you live. This book is part of that formation. As you learn to pray the prayers of the Church, you'll begin to speak its language, carry its vision, and live into its mission. A faithful leader is a faithful pray-er.

Whether you're praying alone in your room, gathered with others, or leading in your church, let this Prayer Book be a resource that roots you in Christ, steadies you in grace, and reminds you that your life is part of a much bigger story—God's story of redemption.

You are growing into the person God created you to be. This book will not replace your Bible or your personal prayers—but it will support them. Let it guide you. Let it deepen your love for Scripture. Let it point you toward Jesus and His Church. And when you feel weak or distracted or unsure, come back to these words. Let them carry you until your voice is ready again.

Remember these words from Colossians 3:16: "Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God."

Welcome to the journey. Let us pray.

PRAYERS AT A GLANCE

THE CONFESSION

Most merciful God, we confess that we have
sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry, and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

THE LORD'S PRAYER

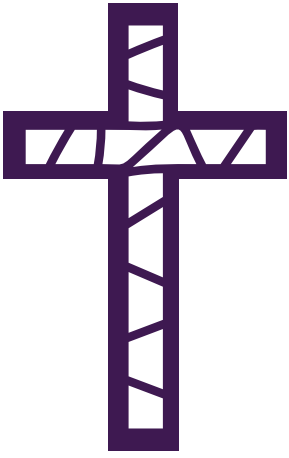
(Contemporary)

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE LORD'S PRAYER

(Traditional)

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.



SUNDAY MORNING

OPENING SENTENCE

Habakkuk 2:20

But the Lord is in his holy temple; let all the earth keep silence before him!

O Lord, open our lips;
And our mouth shall proclaim your praise.

PSALM 119

1 Happy are they whose way is blameless, *
who walk in the law of the Lord!
2 Happy are they who observe his decrees *
and seek him with all their hearts!
3 Who never do any wrong, *
but always walk in his ways.
4 You lay down your commandments, *
that we should fully keep them.
5 Oh, that my ways were made so direct, *
that I might keep your statutes!
6 Then I should not be put to shame, *
when I regard all your commandments.
7 I will thank you with an unfeigned heart, *
when I have learned your righteous judgements.
8 I will keep your statutes; *
do not utterly forsake me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever.
Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

CHRIST OUR PASSOVER

1 *Corinthians 5:7-8; Romans 6:9-11; 1 Corinthians 15:20-22*

[Alleluia.] Christ our Passover has been sacrificed for
us; therefore let us keep the feast,
Not with the old leaven, the leaven of malice and evil,
but with the unleavened bread of sincerity and truth.
[Alleluia.]
Christ being raised from the dead will never die again;
death no longer has dominion over him.
The death that he died, he died to sin, once for all;
but the life he lives, he lives to God.
So also consider yourselves dead to sin,
and alive to God in Jesus Christ our Lord. [Alleluia.]
Christ has been raised from the dead,
the first fruits of those who have fallen asleep.
For since by a man came death,
by a man has come also the resurrection of the dead.
For as in Adam all die,
so also in Christ shall all be made alive. [Alleluia.]

THE LORD'S PRAYER

COLLECT

O God our King, by the resurrection of your Son Jesus Christ on the first day of the week, you conquered sin, put death to flight, and gave us the hope of everlasting life: Redeem all our days by this victory; forgive our sins, banish our fears, make us bold to praise you and to do your will, and steel us to wait for the consummation of your kingdom on the last great Day; through the same Jesus Christ our Lord; **Amen**.

PERSONAL PRAYER

GRACE

2 Corinthians 13:14

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen**.

SUNDAY NOON

OPENING SENTENCE

Psalm 117

Praise the Lord, all you nations; laud him, all your peoples. For his loving-kindness toward us is great, and the faithfulness of the Lord endures forever. Hallelujah!

O God, make speed to save us.
O Lord, make haste to help us.

PSALM 119

9 How shall a young man cleanse his way? *
By keeping to your words.
10 With my whole heart I seek you; *
let me not stray from your commandments.
11 I treasure your promise in my heart, *
that I may not sin against you.
12 Blessed are you, O Lord; *
instruct me in your statutes.
13 With my lips I will recite *
all the judgments of your mouth.
14 I have taken greater delight in the way of your decrees *
than in all manner of riches.
15 I will meditate on your commandments *
and give attention to your ways.
16 My delight is in your statutes; *
I will not forget your word.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE SONG OF MOSES

Exodus 15:1-6, 11-13, 17-18

I will sing to the Lord, for he is lofty and uplifted;
the horse and its rider has he hurled into the sea.
The Lord is my strength and my refuge;
the Lord has become my savior.
This is my God and I will praise him,
the God of my people and I will exalt him.
The Lord is a mighty warrior;
Yahweh is his Name.
The chariots of Pharaoh and his army has he hurled
into the sea;
the finest of those who bear armor have been
drowned in the Red Sea.
The fathomless deep has overwhelmed them;
they sank into the depths like a stone.
Your right hand, O Lord, is glorious in might;
your right hand, O Lord, has overthrown the enemy.

Who can be compared with you, O Lord, among the
gods?
Who is like you, glorious in holiness, awesome in
renown, and worker of wonders?
You stretched forth your right hand;
the earth swallowed them up.
With your constant love you led the people you
redeemed;
you brought them in safety to your holy dwelling.
You will bring them in and plant them
on the mount of your possession,
The resting-place you have made for yourself, O Lord,
the sanctuary, O Lord, that your hand has
established.
The Lord shall reign for ever and for ever,

THE LORD'S PRAYER

COLLECT

Almighty and everlasting God, who alone works great marvels: send down upon our clergy and give the congregations committed to their charge the life-giving Spirit of your grace, shower them with the continual dew of your blessing, and ignite in them a zealous love of your Gospel, through Jesus Christ our Lord. Amen.

PERSONAL PRAYER

Let us bless the Lord.
Thanks be to God.

SUNDAY  BEDTIME

OPENING SENTENCE

Psalm 134

Behold now, bless the Lord, all you servants of the Lord, you that stand by night in the house of the Lord. Lift up your hands in the holy place and bless the Lord; the Lord who made heaven and earth bless you out of Zion.

Our help is in the Name of the Lord;
The maker of heaven and earth.

PSALM 131

1 O Lord, I am not proud; *
I have no haughty looks.
2 I do not occupy myself with great matters, *
or with things that are too hard for me.
3 But I still my soul and make it quiet,
like a child upon its mother's breast; *
my soul is quieted within me.
4 O Israel, wait upon the Lord, *
from this time forth for evermore.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE LORD'S PRAYER

COLLECT

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen**.

PERSONAL PRAYER

NUNC DIMITTIS

Luke 2:29-32

Guide us waking, O Lord, and guard us sleeping;
that awake we may watch with Christ,
and asleep we may rest in peace.

Lord, now let your servant depart in peace,
according to your word.
For my eyes have seen your salvation,
which you have prepared before the face of all
people;
to be a light to lighten the Gentiles,
and to be the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

GRACE

The almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us, this night and evermore. **Amen**.

MONDAY  MORNING

OPENING SENTENCE

Psalm 122:1

I was glad when they said to me, “let us go to the house of the Lord!”

O Lord, open our lips;
and our mouth shall proclaim your praise.

PSALM 119

25 My soul cleaves to the dust; *
give me life according to your word.
26 I have confessed my ways, and you answered me; *
instruct me in your statutes.
27 Make me understand the way of your commandments, *
that I may meditate on your marvelous works.
28 My soul melts away for sorrow; *
strengthen me according to your word.
29 Take from me the way of lying; *
let me find grace through your law.
30 I have chosen the way of faithfulness; *
I have set your judgements before me.
31 I hold fast to your decrees; *
O Lord, let me not be put to shame.
32 I will run the way of your commandments, *
for you have set my heart at liberty.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

VENITE

Psalm 95:1-7

O come, let us sing to the Lord;
Let us make a joyful noise to the rock of our salvation!
Let us come into his presence with thanksgiving;
Let us make a joyful noise to him with songs of praise!
For the Lord is a great God, and a great King above all gods.
In his hand are the depths of the earth;
the heights of the mountains are his also.
The sea is his, for he made it,
and his hands formed the dry land.
O come, let us worship and bow down;
Let us kneel before the Lord, our Maker!
For he is our God, and we are the people of his pasture,
and the sheep of his hand.
O, that today you would hearken to his voice!

THE LORD'S PRAYER

COLLECT

O God, the King eternal, whose light divides the day from the night, and turns the shadow of death into the morning: drive far from us all wrong desires, incline
our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

PERSONAL PRAYER

GRACE

Ephesians 3:20-21

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: glory to him from generation to generation in the church, and in Christ Jesus for ever and ever. **Amen**.

MONDAY  NOON

OPENING SENTENCE

Psalm 117

Praise the Lord, all you nations; laud him, all your peoples. For his loving-kindness toward us is great, and the faithfulness of the Lord endures forever. Hallelujah!

O God, make speed to save us.
O Lord, make haste to help us.

PSALM 121

1 I lift up my eyes to the hills; *
from where is my help to come?
2 My help comes from the Lord, *
the maker of heaven and earth.
3 He will not let your foot be moved *
and he who watches over you will not fall asleep.
4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
5 The Lord himself watches over you; *
the Lord is your shade at your right hand,
6 So that the sun shall not strike you by day, *
nor the moon by night.
7 The Lord shall preserve you from all evil; *
it is he who shall keep you safe.
8 The Lord shall watch over you going out and your coming in, *
from this time forth for evermore.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE SONG OF THE THREE YOUNG MEN

Glory to you, Lord God of our fathers;
you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name;
we will praise you and highly exalt you for ever.
Glory to you in the splendor of your temple;
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim;
we will praise you and highly exalt you for ever.
Glory to you, beholding the depths;
in the high vault of heaven, glory to you.
Glory to the Father, and to the Son, and to the Holy Spirit;
we will praise you and highly exalt you for ever.

THE LORD'S PRAYER

COLLECT

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near:
Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. **Amen**.

PERSONAL PRAYER

Let us bless the Lord.
Thanks be to God.

MONDAY  BEDTIME

OPENING SENTENCE

Psalm 134

Behold now, bless the Lord, all you servants of the Lord, you that stand by night in the house of the Lord. Lift up your hands in the holy place and bless the Lord; the Lord who made heaven and earth bless you out of Zion.

Our help is in the Name of the Lord;
The maker of heaven and earth.

PSALM 119

41 Let your loving-kindness come to me, O Lord, *
and your salvation, according to your promise.
42 Then shall I have a word for those who taunt me, *
because I trust in your words.
43 Do not take the word of truth out of my mouth, *
for my hope is in your judgments.
44 I shall continue to keep your law; *
I shall keep it for ever and ever.
45 I will walk at liberty, *
because I study your commandments.
46 I will tell of your decrees before kings *
and will not be ashamed.
47 I delight in your commandments, *
which I have always loved.
48 I will lift up my hands to your commandments, *
and I will meditate on your statutes.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE LORD'S PRAYER

COLLECT

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen**.

PERSONAL PRAYER

NUNC DIMITTIS

Luke 2:29-32

Guide us waking, O Lord, and guard us sleeping;
that awake we may watch with Christ,
and asleep we may rest in peace.

Lord, now let your servant depart in peace,
according to your word.

For my eyes have seen your salvation,
which you have prepared before the face of all
people;
to be a light to lighten the Gentiles,
and to be the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

GRACE

The almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us, this night and evermore. **Amen.**

TUESDAY MORNING

OPENING SENTENCE

Psalm 19:14

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rock and my redeemer.

O Lord, open our lips;
And our mouth shall proclaim your praise.

PSALM 119

49 Remember your word to your servant, *
because you have given me hope.
50 This is my comfort in my trouble, *
that your promise gives me life.
51 The proud have derided me cruelly, *
but I have not turned from your law.
52 When I remember your judgments of old, *
O Lord, I take great comfort.
53 I am filled with a burning rage, *
because of those who forsake your law.
54 Your statutes have been like songs to me *
wherever I have lived as a stranger.
55 I remember your Name in the night, O Lord, *
and dwell upon your law.
56 This is how it has been with me, *
because I have kept your commandments.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

JUBILATE

Psalm 100

Be joyful in the Lord, all you lands;
serve the Lord with gladness and come before his presence with a song.
Know this: the Lord himself is God;
he himself has made us, and we are his; we are his people and the sheep of his pasture.
Enter his gates with thanksgiving;
go into his courts with praise;
give thanks to him and call upon his Name.
For the Lord is good;
his mercy is everlasting;
and his faithfulness endures from age to age.

THE LORD'S PRAYER

COLLECT

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries, through the might of Jesus Christ our Lord. **Amen**.

PERSONAL PRAYER

GRACE

2 Corinthians 13:14

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen**.

TUESDAY NOONTIME

OPENING SENTENCE

Psalm 117

Praise the Lord, all you nations; laud him, all your peoples. For his loving-kindness toward us is great, and the faithfulness of the Lord endures forever. Hallelujah!

O God, make speed to save us.
O Lord, make haste to help us.

PSALM 119

57 You only are my portion, O Lord; *
I have promised to keep your words.
58 I entreat you with all my heart, *
be merciful to me according to your promise.
59 I have considered my ways *
and turned my feet toward your decrees.
60 I hasten and do not tarry *
to keep your commandments.
61 Though the cords of the wicked entangle me, *
I do not forget your law.
62 At midnight I will rise to give you thanks, *
because of your righteous judgments.
63 I am a companion of all who fear you *
and of those who keep commandments.
64 The earth, O Lord, is full of your love; *
instruct me in your statutes.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE SONG OF THE REDEEMED

Revelation 15:3-4

O ruler of the universe, Lord God,
great deeds are they that you have done, surpassing
human understanding.
Your ways are ways of righteousness and truth,
O King of all the ages.
Who can fail to do you homage, Lord,
and sing the praises of your Name?
for you only are the Holy One.
All nations will draw near and fall down before you,
because your just and holy works have been
revealed.

THE LORD'S PRAYER

COLLECT

Almighty Savior, who at noonday called your servant Saint Paul to be an apostle to the Gentiles: We pray you to illumine the world with the radiance of your glory, that all nations may come and worhsip you; for you live and reign for ever and ever. **Amen**.

PERSONAL PRAYER

Let us bless the Lord.
Thanks be to God.

TUESDAY  BEDTIME

OPENING SENTENCE

Psalm 134

Behold now, bless the Lord, all you servants of the Lord, you that stand by night in the house of the Lord. Lift up your hands in the holy place and bless the Lord; the Lord who made heaven and earth bless you out of Zion.

Our help is in the Name of the Lord;
the maker of heaven and earth.

PSALM 119

73 Your hands have made me and fashioned me; *
give me understanding, that I may learn your commandments.
74 Those who fear you will be glad when they see me,*
because I trust in your word.
75 I know, O Lord, that your judgments are right *
and that in faithfulness you have afflicted me.
76 Let your loving-kindness be my comfort, *
as you have promised to your servant.
77 Let your compassion come to me, that I may live, *
for your law is my delight.
78 Let the arrogant be put to shame, for they wrong me with lies; *****
but I will meditate on your commandments.

79 Let those who fear you turn to me, *
and also those who know your decrees.
80 Let my heart be sound in your statutes, *
that I may not be put to shame.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

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The Word of the Lord.
Thanks be to God.

THE LORD'S PRAYER

COLLECT

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PERSONAL PRAYER

NUNC DIMITTIS

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which you have prepared before the face of all
people;
to be a light to lighten the Gentiles,
and to be the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

GRACE

The almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us, this night and evermore. **Amen**.

WEDNESDAY  MORNING

OPENING SENTENCE

Psalm 43:3

Send out your light and your truth; let them lead me; let them bring me to your holy hill and to your dwelling!

O Lord, open our lips,
And our mouth shall proclaim your praise.

PSALM 119

81 My soul has longed for your salvation; *
I have put my hope in your word.
82 My eyes have failed from watching for your promise, *
and I say, "when will you comfort me?"
83 I have become like a leather flask in the smoke, *
but I have not forgotten your statutes.
84 How much longer must I wait? *
When will you give judgment against those who persecute me?
85 The proud have dug pits for me; *
they do not keep your law.
86 All your commandments are true; *
help me, for they persecute me with lies.
87 They had almost made an end of me on the earth, *
but I have not forsaken your commandments.
88 In your loving-kindness, revive me, *
that I may keep the decrees of your mouth.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

BENEDICTUS

Luke 1:68-79

Blessed be the Lord, the God of Israel;
he has come to his people and set them free.
He has raised up for us a mighty savior,
born of the house of his servant David.
Through his holy prophets he promised of old, that he
would save us from our enemies,
from the hands of all who hate us.
He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham,
to set us free from the hands of our enemies,
Free to worship him without fear,
holy and righteous in his sight
all the days of our life.
You, my child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the
shadow of death,
and to guide our feet in the way of peace.

THE LORD'S PRAYER

COLLECT

O Lord, our heavenly Father, almighty and everlasting God, you have brought us safely to the beginning of this day: Defend us by your mighty power, that we may not fall into sin nor run into any danger; and that guided by your Spirit, we may do what is righteous in your sight; through Jesus Christ our Lord. **Amen**.

PERSONAL PRAYER

GRACE

Ephesians 3:20-21

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: glory to him from generation to generation in the church, and in Christ Jesus for ever and ever. **Amen**.

WEDNESDAY NOONTIME

OPENING SENTENCE

Psalm 117

Praise the Lord, all you nations; laud him, all your peoples. For his loving-kindness toward us is great, and the faithfulness of the Lord endures forever. Hallelujah!

O God, make speed to save us.
O Lord, make haste to help us.

PSALM 119

89 O Lord, your word is everlasting; *
it stands firm in the heavens.
90 Your faithfulness remains from one generation to another; *
you established the earth, and it abides.
91 By your decree these continue to this day, *
for all things are your servants.
92 If my delight had not been in your law, *
I should have perished in my affliction.
93 I will never forget your commandments, *
because by them you give me life.
94 I am yours; oh, that you would save me! *
for I study your commandments.
95 Though the wicked lie in wait for me to destroy me,*
I will apply my mind to your decrees.

96 I see that all things come to an end, *
but your commandment has no bounds.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

A SONG TO THE LAMB

Revelation 4:11; 5:9-10, 13

Splendor and honor and kingly power
are yours by right, O Lord our God,
For you created everything that is,
and by your will they were created and have their being;
And yours by right, O Lamb that was slain,
for with your blood you have redeemed for God,
From every family, language, people and nation,
a kingdom of priests to serve our God.
And so, to him who sits upon the throne,
and to Christ the Lamb,
Be worship and praise, dominion and splendor,
for ever and for evermore.

THE LORD'S PRAYER

COLLECT

Blessed Savior, at this hour you hung upon the cross, stretching out your loving arms: Grant that all the peoples of the earth may look to you and be saved; for your tender mercies' sake. **Amen.**

PERSONAL PRAYER

Let us bless the Lord.
Thanks be to God.

WEDNESDAY BEDTIME

OPENING SENTENCE

Psalm 134

Behold now, bless the Lord, all you servants of the Lord, you that stand by night in the house of the Lord. Lift up your hands in the holy place and bless the Lord; the Lord who made heaven and earth bless you out of Zion.

Our help is in the Name of the Lord;
The maker of heaven and earth.

PSALM 119

105 Your word is a lantern to my feet *
and a light upon my path.
106 I have sworn and am determined *
to keep your righteous judgments.
107 I am deeply troubled; *
preserve my life, O Lord, according to your word.
108 Accept, O Lord, the willing tribute of my life, *
and teach me your judgments.
109 My life is always in my hand, *
yet I do not forget your law.
110 The wicked have set a trap for me, *
but I have not strayed from your commandments.
111 Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.

112 I have applied my heart to fulfill your statutes *
for ever and to the end.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE LORD'S PRAYER

COLLECT

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen**.

PERSONAL PRAYER

NUNC DIMITTIS

Luke 2:29-32

Guide us waking, O Lord, and guard us sleeping;
that awake we may watch with Christ,
and asleep we may rest in peace.

Lord, now let your servant depart in peace,
according to your word.
For my eyes have seen your salvation,
which you have prepared before the face of all
people;
to be a light to lighten the Gentiles,
and to be the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

GRACE

The almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us, this night and evermore. **Amen.**

THURSDAY MORNING

OPENING SENTENCE

Isaiah 57:15

For thus says the One who is high and lifted up, who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, and also with him who is of a contrite and lowly spirit, to revive the spirit of the lowly, and to revive the heart of the contrite."

O Lord, open our lips;
And our mouth shall proclaim your praise.

PSALM 119

113 I hate those who have a divided heart, *
but your law do I love.
114 You are my refuge and shield; *
my hope is in your word.
115 Away from me, you wicked! *
I will keep the commandments of my God.
116 Sustain me according to your promise, that I may live, *
and let me not be disappointed in my hope.
117 Hold me up, and I shall be safe, *
and my delight shall be ever in your statutes.
118 You spurn all who stray from your statutes; *
their deceitfulness is in vain.
119 In your sight all the wicked of the earth are but dross; *

therefore I love your decrees.
120 My flesh trembles with dread of you; *
I am afraid of your judgments.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE THIRD SONG OF ISAIAH

Isaiah 60:1-3, 11a, 14c, 18-19

Arise, shine, for your light has come,
and the glory of the Lord has dawned upon you.
For behold, darkness covers the land;
Deep gloom enshrouds the people.
But over you the Lord will rise,
and his glory will appear upon you.
Nations will stream to your light,
and kings to the brightness of your dawning.
Your gates will always be open;
by day or night they will never be shut.
They will call you, The City of the Lord,
the Zion of the Holy One of Israel.
Violence will no more be heard in your land,
ruin or destruction within your borders.
You will call your walls, Salvation,

and all your portals, Praise.
The sun will no more be your light by day;
by night you will not need the brightness of the moon.
The Lord will be your everlasting light,
and your God will be your glory.

THE LORD'S PRAYER

COLLECT

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen**.

PERSONAL PRAYER

GRACE

2 Corinthians 13:14

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen**.

THURSDAY  NOONTIME

OPENING SENTENCE

Psalm 117

Praise the Lord, all you nations; laud him, all your peoples. For his loving-kindness toward us is great, and the faithfulness of the Lord endures forever. Hallelujah!

O God, make speed to save us.
O Lord, make haste to help us.

PSALM 119

121 I have done what is just and right; *
do not deliver me to my oppressors.
122 Be surety for your servant's good; *
let not the proud oppress me.
123 My eyes have failed from watching for your salvation *
and for your righteous promise.
124 Deal with your servant according to your loving-kindness *
and teach me your statutes.
125 I am your servant; grant me understanding, *
that I may know your decrees.
126 It is time for you to act, O Lord, *
for they have broken your law.
127 Truly, I love your commandments *
more than gold and precious stones.

128 I hold all your commandments to be right for me; *
all paths of falsehood I abhor.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

GLORIA IN EXCELSIS

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

THE LORD'S PRAYER

COLLECT

Father of all mercies, you revealed your boundless compassion to your apostle Saint Peter in a three-fold vision: Forgive our unbelief, we pray, and so strengthen our hearts and enkindle our zeal, that we may fervently desire the salvation of all people, and diligently labor in the extension of your kingdom; through him who gave himself for the life of the world, your Son our Savior Jesus Christ. **Amen**.

PERSONAL PRAYER

Let us bless the Lord.
Thanks be to God.

THURSDAY BEDTIME

OPENING SENTENCE

Psalm 134

Behold now, bless the Lord, all you servants of the Lord, you that stand by night in the house of the Lord. Lift up your hands in the holy place and bless the Lord; the Lord who made heaven and earth bless you out of Zion.

Our help is in the Name of the Lord;
The maker of heaven and earth.

PSALM 119

137 You are righteous, O Lord, *
and upright are your judgments.
138 You have appointed your decrees*
with justice and in perfect faithfulness.
139 My indignation has consumed me, *
because my enemies forget your words.
140 Your word has been tested to the uttermost, *,
and your servant holds it dear.
141 I am small and of little account, *
yet I do not forget your commandments.
142 Your justice is an everlasting justice,*
and your law is the truth.
143 Trouble and distress have come upon me, *
yet your commandments are my delight.

144 The righteousness of your is everlasting *
grant me understanding, that I may live.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE LORD'S PRAYER

COLLECT

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen**.

PERSONAL PRAYER

NUNC DIMITTIS

Luke 2:29-32

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

Lord, now let your servant depart in peace,
according to your word.
For my eyes have seen your salvation,
which you have prepared before the face of all
people;
to be a light to lighten the Gentiles,
and to be the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

GRACE

The almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us, this night and evermore. **Amen.**

FRIDAY  MORNING

OPENING SENTENCE

John 4:23

The hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him.

O Lord, open our lips,
And our mouth shall proclaim your praise.

PSALM 119

145 I call with my whole heart; *
answer me, O Lord, that I may keep your statutes.
146 I call to you; oh, that you would save me! *
I will keep your decrees.
147 Early in the morning I cry out to you, *
for in your word is my trust.
148 My eyes are open in the night watches, *
that I may meditate upon your promise.
149 Hear my voice, O Lord, according to your loving-kindness; *
according to your judgments, give me life.
150 They draw near who in malice persecute me; *
they are very far from your law.
151 You, O Lord, are near at hand, *
and all your commandments are true.

152 Long have I known from your decrees *
that you have established them for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

TE DEUM LAUDAMUS

We praise you, O God,
we acclaim you as Lord;
all creation worships you,
the Father everlasting.
To you all angels, all the powers of heaven,
The cherubim and seraphim, sing in endless praise:
Holy, Holy, Holy, Lord God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you:
Father, of majesty unbounded,
your true and only Son, worthy of all praise,
the Holy Spirit, advocate and guide.
You, Christ, are the king of glory,
the eternal Son of the Father.

When you took our flesh to set us free
you humbly chose the Virgin's womb.
You overcame the sting of death
and opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory.
We believe that you will come to be our judge.
Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

THE LORD'S PRAYER

COLLECT

Almighty God, whose most dear Son went not up to joy but he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. **Amen**.

PERSONAL PRAYER

GRACE

Ephesians 3:20-21

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him generation to generation in the Church, and in Christ Jesus forever and ever. **Amen**.

FRIDAY NOONTIME

OPENING SENTENCE

Psalm 117

Praise the Lord, all you nations; laud him, all your peoples. For his loving-kindness toward us is great, and the faithfulness of the Lord endures forever. Hallelujah!

O God, make speed to save us.
O Lord, make haste to help us.

PSALM 120

1 When I was in trouble, I called to the Lord; *
I called to the Lord, and he answered me.
2 Deliver me, O Lord, from lying lips *
and from the deceitful tongue.
3 What shall be done to you, and what more besides, *
O you deceitful tongue?
4 The sharpened arrows of a warrior, *
along with hot glowing coals.
5 How hateful it is that I must lodge in Meshech *
and dwell among the tents of Kedar!
6 Too long have I had to live *
among the enemies of peace.
7 I am on the side of peace, *
but when I speak of it, they are for war.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE FIRST SONG OF ISAIAH

Isaiah 12:2-6

Surely, it is God who saves me;
I will trust in him and not be afraid.
For the Lord is my stronghold and my sure defense,
and he will be my Savior.
Therefore you shall draw water with rejoicing
from the springs of salvation.
And on that day you shall say,
Give thanks to the Lord and call upon his Name;
Make his deeds known among the peoples;
see that they remember that his Name is exalted.
Sing the praises of the Lord, for he has done great
things,
and this is known in all the world.
Cry aloud, inhabitants of Zion, ring out your joy,
for the great one in the midst of you is the Holy One
of Israel.

THE LORD'S PRAYER

COLLECT

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

PERSONAL PRAYER

Let us bless the Lord.
Thanks be to God.

FRIDAY  BEDTIME

OPENING SENTENCE

Psalm 134

Behold now, bless the Lord, all you servants of the Lord, you that stand by night in the house of the Lord. Lift up your hands in the holy place, and bless the Lord; the Lord who made heaven and earth bless you out of Zion.

Our help is in the Name of the Lord;
The maker of heaven and earth.

PSALM 130

1 Out of the depths have I called to you, O Lord;
Lord, hear my voice; *
let your ears consider well the voice of my supplication.
2 If you, O Lord, should mark iniquities,
Lord, who could stand?
3 For there is forgiveness with you; *
therefore you shall be feared.
4 I wait for the Lord; my soul waits for him; *
in his word is my hope.
5 My soul waits for the Lord, more than watchmen for the morning, *
more than watchmen for the morning.
6 O Israel, wait for the Lord, *
For with the Lord there is mercy;

7 With him there is plenteous redemption, *
and he shall redeem Israel from all their sins.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

A SCRIPTURE READING

The word of the Lord
Thanks be to God.

THE LORD'S PRAYER

COLLECT

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen**.

PERSONAL PRAYER

NUNC DIMITTIS

Luke 2:29-32

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

Lord, now let your servant depart in peace,
according to your word.
For my eyes have seen your salvation,
which you have prepared before the face of all
people;
to be a light to lighten the Gentiles,
and to be the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

GRACE

The almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us, this night and evermore. **Amen**.

SATURDAY MORNING

OPENING SENTENCE

Philippians 1:2

Grace to you and peace from God our Father and the Lord Jesus Christ.

O Lord, open our lips,
And our mouth shall proclaim your praise.

PSALM 119

161 Rulers have persecuted me without a cause, *
but my heart stands in awe of your word
162 I am as glad because of your promise *
as one who finds great spoils.
163 As for lies, I hate and abhor them, *
but your law is my love.
164 Seven times a day do I praise you, *
because of your righteous judgments.
165 Great peace have they who love your law; *
for them there is no stumbling block.
166 I have hoped for your salvation, O Lord, *
and have fulfilled your commandments.
167 I have kept your decrees *
and I have loved them deeply.
168 I have kept your commandments and decrees, *
for all my ways are before you.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

A SONG OF CREATION

Glorify the Lord, all you works of the Lord,
praise him and highly exalt him for ever.
In the firmament of his power, glorify the Lord,
praise him and highly exalt him for ever.
Glorify the Lord, you angels and all powers of the Lord,
O heavens and all waters above the heavens.
Sun and moon and stars of the sky, glorify the Lord,
praise him and highly exalt him for ever.
Glorify the Lord, every shower of rain and fall of dew,
all winds and fire and heat,
Winter and summer, glorify the Lord,
praise him and highly exalt him for ever.
Glorify the Lord, O chill and cold,
drops of dew and flakes of snow.
Frost and cold, ice and sleet, glorify the Lord,
praise him and highly exalt him for ever.
Glorify the Lord, of nights and days,
O shining light and enfolding dark.
Storm clouds and thunderbolts, glorify the Lord,
praise him and highly exalt him for ever.

Let the earth glorify the Lord,
praise him and highly exalt him forever.
O men and women everywhere, glorify the Lord,
praise him and highly exalt him forever.
Let us glorify the Lord: the Father, the Son and the
Holy Spirit;
praise him and highly exalt him forever.
In the firmament of his power, glorify the Lord,
praise him and highly exalt him forever.

THE LORD'S PRAYER

COLLECT

Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord.
Amen.

PERSONAL PRAYER

GRACE

2 Corinthians 13:14

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen**.

SATURDAY NOONTIME

OPENING SENTENCE

Psalm 117

Praise the Lord, all you nations; laud him, all your peoples. For his loving-kindness toward us is great, and the faithfulness of the Lord endures forever. Hallelujah!

O God, make speed to save us.
O Lord, make haste to help us.

PSALM 126

1 When the Lord restored the fortunes of Zion, *
then were we like those who dream.
2 Then was our mouth filled with laughter, *
and our tongue with shouts of joy.
3 Then they said among the nations, *
"The Lord has done great things for them."
4 The Lord has done great things for us, *
and we are glad indeed.
5 Restore our fortunes, O Lord, *
like the watercourses of the Negev.
6 Those who sowed with tears *
will reap with songs of joy.
7 Those who go out weeping, carrying the seed, *
will come again with joy, shouldering their sheaves.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE SECOND SONG OF ISAIAH

Isaiah 55:6-11

Seek the Lord while he wills to be found;
call upon him when he draws near.
Let the wicked forsake their ways
and the evil ones their thoughts;
And let them turn to the Lord, and he will have
compassion,
and to our God, for he will richly pardon.
For my thoughts are not your thoughts,
nor your ways my ways, says the Lord.
For as the heavens are higher than the earth,
so are my ways higher than your ways,
and my thoughts than your thoughts.
For as rain and snow fall from the heavens
and return not again, but water the earth,
Bringing forth life and giving growth,
seed for sowing and bread for eating,
So is my word that goes forth from my mouth;
it will not return to me empty;
But it will accomplish that which I have purposed,
and prosper in that for which I sent it.

THE LORD'S PRAYER

COLLECT

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**.

PERSONAL PRAYER

Let us bless the Lord.
Thanks be to God.

SATURDAY  BEDTIME

OPENING SENTENCE

Psalm 134

Behold now, bless the Lord, all you servants of the Lord, you that stand by night in the house of the Lord. Lift up your hands in the holy place and bless the Lord; the Lord who made heaven and earth bless you out of Zion.

Our help is in the Name of the Lord;
The maker of heaven and earth.

PSALM 124

1 If the Lord had not been on our side, *
let Israel now say;
2 If the Lord had not been on our side, *
when enemies rose up against us;
3 Then would they have swallowed us up alive *
in their fierce anger toward us;
4 Then would the waters have overwhelmed us *
and the torrent gone over us;
5 Then would the raging waters *
have gone right over us.
6 Blessed be the Lord! *
he has not given us over to be a prey for their teeth.
7 We have escaped like a bird from the snare of the fowler; *
the snare is broken, and we have escaped.

8 Our help is in the Name of the Lord, *
the maker of heaven and earth.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

SCRIPTURE READING

The Word of the Lord.
Thanks be to God.

THE LORD'S PRAYER

COLLECT

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen.**

PERSONAL PRAYER

NUNC DIMITTIS

Luke 2:29-32

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

Lord, now let your servant depart in peace,
according to your word.
For my eyes have seen your salvation,
which you have prepared before the face of all
people;
to be a light to lighten the Gentiles,
and to be the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

GRACE

The almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us, this night and evermore. **Amen**.

MORNING COLLECTS

A COLLECT FOR STRENGTH TO AWAIT HIS RETURN

O God our King, by the resurrection of your Son Jesus Christ on the first day of the week, you conquered sin, put death to flight, and gave us the hope of everlasting life: Redeem all our days by this victory; forgive our sins, banish our fears, make us bold to praise you and to do your will; and steel us to wait for the consummation of your kingdom on the last great Day; through Jesus Christ our Lord. Amen.

A COLLECT FOR THE RENEWAL OF LIFE

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

A COLLECT FOR ENDURANCE

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the Cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. Amen.

A COLLECT FOR GUIDANCE

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

NOONTIME COLLECTS

BLESSED SAVIOR

Blessed Savior, at this hour you hung upon the Cross, stretching out your loving arms: Grant that all the peoples of the earth may look to you and be saved; for your tender mercies' sake. Amen.

ALMIGHTY SAVIOR

Almighty Savior, who at mid-day called your servant Saint Paul to be an apostle to the Gentiles: We pray you to illumine the world with the radiance of your glory, that all nations may come and worship you; for you live and reign with the Father and the Holy Spirit, one God, for ever and ever. Amen.

FATHER OF ALL MERCIES

Father of all mercies, you revealed your boundless compassion to your apostle Saint Peter in a three-fold vision: Forgive our unbelief, we pray, and so strengthen our hearts and enkindle our zeal, that we may fervently desire the salvation of all people, and diligently labor in the extension of your kingdom; through him who gave himself for the life of the world, your Son our Savior Jesus Christ. Amen.

POUR YOUR GRACE

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his Cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

BEDTIME COLLECTS

VISIT THIS PLACE

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. Amen.

LIGHTEN OUR DARKNESS

Lighten our darkness, we beseech you, O Lord; and by your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. Amen.

BE PRESENT

Be present, O merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of this life may rest in your eternal changelessness; through Jesus Christ our Lord. Amen.

KEEP WATCH

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen.

THE SONG OF SIMEON (LUKE 2:29-32)

Lord, now let your servant depart in peace, according to your word. For my eyes have seen your salvation, which you have prepared before the face of all people; to be a light to lighten the Gentiles, and to be the glory of your people Israel. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen

SCRIPTURE READING LECTIONARY

Revised Common Lectionary

Daily Office Lectionary

OCCASIONAL PRAYERS

FOR JOY IN GOD'S CREATION

O heavenly Father, you have filled the world with beauty: Open our eyes to behold your gracious hand in all your works; that, rejoicing in your whole creation, we may learn to serve you with gladness; for the sake of him through whom all things were made, your Son Jesus Christ our Lord. Amen.

SOCIAL JUSTICE

Almighty God, you created us in your own image: Grant us grace to contend fearlessly against evil and to make no peace with oppression; and help us to use our freedom rightly in the establishment of justice in our communities and among the nations, to the glory of your holy Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

FOR THE DIVERSITY OF RACES AND CULTURES

O God, who created all peoples in your image, we thank you for the diversity of races and cultures in this world. Show us your presence in those who differ from us, and enrich our lives with their fellowship, until our knowledge of your love is made perfect in our love for all your children; through Jesus Christ our Lord. Amen.

IN TIMES OF SOCIAL CONFLICT OR DISTRESS

Increase, O God, the spirit of neighborliness among us, that in peril we may uphold one another, in suffering tend to one another, and in homelessness, loneliness, or exile befriend one another. Grant us brave and enduring hearts that we may strengthen one another, till the disciplines and testing of these days be ended, and you again give peace in our time; through Jesus Christ our Lord. Amen.

FOR THE MISSION OF THE CHURCH

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you, bring the nations into your fold, pour out your Spirit upon all flesh, and hasten the coming of your kingdom; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

FOR THOSE IN SCHOOL

Almighty God, the fountain of all wisdom: Enlighten by your Holy Spirit those who teach and those who learn, that, rejoicing in the knowledge of your truth, they may worship you and serve you from generation to generation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

BEFORE THE READING OF SCRIPTURE

Blessed Lord, who hast caused all Holy Scriptures to be written for our learning: Grant that we may in such wise hear them, read, mark, learn, and inwardly digest them, that by patience and comfort of thy holy Word, we may embrace and ever hold fast the blessed hope of everlasting life, which thou hast given us in our Savior Jesus Christ; who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God, world without end. Amen.

PREPARATION FOR PRAYER

O Holy Spirit, breath of God and fire of love, I cannot pray without thine aid: Kindle in me the fire of thy love, and illumine me with thy light; that with a steadfast will and holy thoughts I may approach the Father in spirit and in truth; through Jesus Christ my Lord, who reigneth with thee and the Father in union eternal. Amen.

FOR THE RECOVERY OF A SICK PERSON

Almighty and immortal God, giver of life and health: We implore your mercy for your servant [name], that by your blessing upon she/he and upon those who minister to her/him with your healing gifts, she/he may be restored to health of body and mind, according to your gracious will, and may give thanks to you in your holy Church; through Jesus Christ our Lord. Amen.

FOR JOY AT THE END OF LIFE

Lord Jesus, be mindful of your promise. Think of us, your servants, and when we shall depart, speak to our spirits these loving words: "Today you shall be with me in joy." O Lord Jesus Christ, remember us, your servants who trust in you, when our tongues cannot speak, when the sight of our eyes fails, and when our ears are stopped. Let our spirits always rejoice in you and be joyful about our salvation, which you, through your death, have purchased for us. Amen.

FOR GUIDANCE

O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly: Grant us, in all our doubts and uncertainties, the grace to ask what you would have us do, that the Spirit of wisdom may save us from all false choices; that in your light we may see light, and in your straight path we may not stumble; through Jesus Christ our Lord. Amen.

IN TIMES OF SUFFERING OR WEAKNESS

Dear Lord and Savior Jesus Christ: I hold up all my weakness to your strength, my failure to your faithfulness, my sinfulness to your perfection, my loneliness to your compassion, my little pains to your great agony on the cross. I pray that you will cleanse me, strengthen me, guide me, so that in all ways my life may be lived as you would have it lived without cowardice and for you alone. Show me how to live in true humility, true contrition, and true love. Amen.

FOR THOSE AFFLICTED WITH MENTAL SUFFERING

Almighty God, whose Son took upon himself the afflictions of your people: Regard with your tender compassion those suffering from anxiety, depression, or mental illness [especially ____]; bear their sorrows and their cares; supply all their needs; help them to put their whole trust and confidence in you; and restore them to strength of mind and cheerfulness of spirit; through Jesus Christ our Lord. Amen.

FOR THOSE WE LOVE

Almighty God, we entrust all who are dear to us [especially ____] to your never failing care and love, for this life and the life to come, knowing that you are doing for them better things than we can desire or pray for; through Jesus Christ our Lord. Amen.

FOR OUR ENEMIES

O God, the Creator of all, whose Son commanded us to love our enemies: Lead them and us from prejudice to truth; deliver them and us from hatred, cruelty, and revenge; and in your good time enable us all to stand reconciled before you in Jesus Christ; in whose Name we pray. Amen.

FOR DESIRING GOD

O God, grant that we may desire you, and desiring you seek you, and seeking you find you, and finding you be satisfied in you for ever. Amen.

A COVENANT PRAYER

I am no longer my own, but thine. Put me to what thou wilt, rank me with whom thou wilt. Put me to doing, put me to suffering. Let me be employed by thee or laid aside for thee, exalted for thee or brought low for thee. Let me be full, let me be empty. Let me have all things, let me have nothing. I freely and heartily yield all things to thy pleasure and disposal. And now, O glorious and blessed God, Father, Son, and Holy Spirit, thou art mine, and I am thine. So be it. And the covenant which I have made on earth, let it be ratified in heaven. Amen.

BENEDICTION SONG

My friends, may you grow in grace and in the knowledge of our Lord and Savior

My friends, may you grow in grace and in the knowledge of Jesus Christ

To God be the glory, now and forever, now and forever, Amen.
(repeat)

I pray tonight, if we learn from one another, may we glorify Him

That if the Lord should bring us back together, may we be in His arms ‘til then

To God be the glory, now and forever, now and forever, Amen.
(repeat)

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