

Wilmore/Nicholasville Area Counselors

Blake Jones, PhD, LCSW
304 Main Street, #6, Wilmore, KY 40390
859-320-1170 www.compasscenterky.com

Connections Counseling
Rhealynn Clark, LPCC & Alex Clark, LMFT
900 Corbitt Drive, Wilmore, KY
859-509-8468 / 859-806-813 www.kyconnections.com

New Vista (Jessamine Counseling Center)
324 Southview Drive, Nicholasville, KY 40356
859-885-6315 or 1-800-928-8000 <https://newvista.org>

Solarity Counseling
Kelsey Heckel, LPCA
122 Danville Loop 1 Rd.
Nicholasville, KY 40356
(859) 881-5010 <https://www.kyagc.org/solarity>

Lexington Area Counselors

Compass Christian Counseling
Weston Bevin, LPCA
Katrina Cowen, LPCC
651 Perimeter Dr. # 115, Lexington, KY 40517
859-721-3259 www.compasslex.com

North Star Counseling & Consulting
Zach Monroe, LPCC
Nathan Jones, LPCA
859-297-3100 www.northstarccs.com

Willow Creek Counseling KY
1050 Chinoe Rd. Ste. 203, Lexington, KY 40502
(859) 554-0740 www.willowcreekcounselingky.com

Hope Springs Counseling Center
870 Corporate Dr. # 301, Lexington KY 40503
859- 242-5201 www.hopespringscenter.org

Interfaith Counseling Center
240 Rodes Avenue, Lexington, KY 40508
859-258-2060 www.interfaithcounselingcenter.org

Commonwealth Therapy
2365 Harrodsburg Rd. #B225, Lexington KY 40504
859-276-0700 www.ctgrp.org

Montooth Counseling
Kurt Montooth, LMFT
Philip Ardnt, LPCA
Shelby Gonia, LPCA
1020 Holly Hill Ln., Frankfort, KY 40601
<https://www.montoothcounseling.com/>

Mended Counseling & Trauma Services
Leslie Kay Stratton, LPCA
1077 E. Lexington Ave, Danville, KY 40422
859-365-0184 www.mendedcounseling.net

Inpatient Hospitals

The Ridge Behavioral Health System
3050 Rio Dosa Drive, Lexington, KY 40509
859-269-2325 www.ridgebhs.com

U.K. Good Samaritan Hospital Behavioral Health
310 S. Limestone, Lexington, KY 40508
859-218-9340 www.ukhealthcare.uky.edu/good-samaritan-hospital

Area Psychiatrists/Psych. Nurse Practitioners

Mark Wright, M.D. – Psychiatrist
1062 Wellington Way, Lexington, KY 40513
859-219-9399

Steven Croley, M.D. – Psychiatrist
841 Corporate Dr. #310, Lexington, KY 40503
859-219-3313

Kim Grant-Rolph, M.D. – Psychiatrist
1517 Nicholasville Rd. #3, Lexington, KY 40503
859-276-4584

Lynn Jacobson, M.D. – Psychiatrist
466 East High St., Lexington, KY 40507
859-948-8606 www.lynnjacobsonmd.com

Bluegrass Community Health Center
Lori A. Mutiso, ARNP
Julie Perry, APRN, DNP
Jennifer Lucas, ARNP, PMHNP-BC
1306 Versailles Road, Suite 120, Lexington, KY 40504
859-259-2635

Specialized Clinical Services

Bluegrass Care Navigators (Bereavement Counseling)
1733 Harrodsburg Rd., Lexington 40504
855-492-0812 <https://www.bgcarenav.org/>

Sexual Violence Resource Center of the Bluegrass
2025 Regency Rd., Suite 100, Lexington, KY 40503
Support Line: 859-253-2511
Business Line: 859-253-2615 <https://www.svrkentucky.org/>

Patrick Holley, M.Div., LPCC (Relationship/Couples Counseling,
Sexual Addictions, Telehealth Only)
859-948-5025 www.holleycounseling.com

Brave Marriage (Couples Coaching, Telehealth Only)
Kensi Duszynski, MFTA
859-474-0182 <https://bravemarriage.com>

Support Groups

Al-Anon (for Family/Friends of Addicts)
Wilmore United Methodist Church, 209 Main St., Wilmore, KY 40390
Tuesdays, 7:30pm

Care Groups
Southland Christian Church, 5001 Harrodsburg Rd. Nicholasville, KY
www.southland.church/groups