



2025-2026

EXERCISE SCIENCE MINOR

Science & Health Department; Shaw School of Sciences

MINOR REQUIREMENTS (20)

__ 3	EXS	350	Physical Fit Assess/Prescription	
__ 3	EXS	371	Motor Learning/Development	
__ 4	EXS	420	Physiology of Exercise	__ Lab
__ 4	EXS	431	Kinesiology/Biomechanics	__ Lab
__ 3	SPM	220	Intro to Sport Management	

Choose one:

	BIO	252	Nutrition	
__ 3	HED	312	Nutrition for Health/Perform	

MAJORS AND MINORS

1. All students receiving a bachelor's degree must complete one major. Students are not required to have a minor.
2. Bachelor degree students may choose to complete up to two (2) minors. Each added minor must require 12 unique, additional credits not part of the student's majors or other minors.
3. Majors and minors must be officially declared to be listed on the student's record and official transcript. To declare, change, drop or add a major or a minor, students must contact the Registrar's Office or email: registrar@asbury.edu
4. Fifty percent of the course requirements for each undergraduate major or minor must be completed as a student at Asbury University.