



2023-2024

## PSYCHOLOGY MAJOR, B.A.

Psychology Department; College of Arts, Humanities & Social Sciences

Psychology is the study of human behavior and other organisms in an effort to understand and explain their behavior. Such studies include both normal and abnormal behavior, aptitude, perception, development and individual differences. Psychology seeks to explain and understand human emotions, thought patterns and motives. There are many sub-branches of psychology including social, educational, developmental, abnormal, clinical, physiological, personality, industrial, sports, and counseling psychology to name a few. At Asbury, the major is presented from a Christian worldview.

*To graduate must complete all major requirements, foundational requirements, and additional electives needed for 124 hour minimum degree requirement.*

Required Foundations Social Science Course: PSY 101

### MAJOR REQUIREMENTS (41)

__ 3	PSY	111	Psychology & Professional Life
__ 3	PSY	210	Social Psychology
__ 1	PSY	276	Writing for Behavioral Science
__ 3	PSY	315	Statistics for Behavioral Science
__ 3	PSY	341	History & Systems
__ 3	PSY	360	Abnormal Psychology
__ 3	PSY	372	Experimental Psychology
__ 1	PSY	373	Experimental Psychology Lab
__ 1	PSY	375	Integration & Vocation Seminar
__ 1	PSY	475	Senior Seminar
__ 1	PSY	476	Ethical Issues in Psychology

Choose 18 hours of PSY courses 200 or higher:

[No more than 5 hours of independent study or practicum may apply toward major.]

__ 3	PSY	___	_____
__ 3	PSY	___	_____
__ 3	PSY	___	_____
__ 3	PSY	___	_____
__ 3	PSY	___	_____
__ 3	PSY	___	_____

### SUGGESTIONS for completing the above 18 hours in PSY

May elect to use one of the following as guidance for selecting 18 hours in PSY, as well as some recommended electives

EQUINE FACILITATED MENTAL HEALTH recommended courses when combined with a major in Equine Studies (29)  
[Equine Assisted Mental Health requires declaring a dual major with Equine Studies - Equine Assisted Activities Concentration; the Psychology major courses are listed below.]

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	322	Integrating Equines in MH Services
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	472	Learning & Motivation

Choose 5 hours minimum from:

PSY	220	Stress Management
__ 3	PSY	320 Psych of Gender & Sexuality
__ 2-3	PSY	393 Seminar
PSY	435	Clinical/Counseling Practicum
PSY	300+	_____

Recommended 9 hours from EQM such as:

__ 3	EQ	208	Intro Therapeutic Riding
__ 3	EQ	245	Riding Instructor Cert
__ 3	EQ	300+	_____

### PLUS FOUNDATIONS REQUIREMENTS (56)

#### Plus electives needed for the 124 hour degree requirement (27)

### BIOLOGICAL PSYCHOLOGY recommended courses(29)

[Recommended science gen ed: BIO 201/203 (4)]

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	330	Cognitive Psychology
__ 3	PSY	381	Physiological Psychology
__ 3	PSY	462	Psychological Assessment
__ 3	PSY	472	Learning & Motivation

Choose 5 hours minimum from:

__ 3	PSY	220	Stress Management
__ 2-3	PSY	435	Clinical/Counseling Practicum
PSY	300+	_____	

Recommended 8 hours from: Natural sciences, SOC, or

SW such as:

BIO	262	Human Physiology
__ 3	BIO	331 Human Anatomy
__ 3	BIO	280 Scientific/Medical Terminology
Science	300+	_____

**BUSINESS PSYCHOLOGY recommended courses (29)**

__ 3	PSY	221	Stress Management
__ 3	PSY	320	Psych of Gender & Sexuality
__ 3	PSY	352	Counseling II
__ 3	PSY	342	Cross-Cultural Psychology
__ 3	PSY	462	Psychological Assessment
__ 3	PSY	472	Learning and Motivation
Choose 1 additional hour in psychology – recommended option:			
__ 1-3	PSY	452	Personality Psychology
Required 9 hours from Dayton School of Business			
__ 3	BU	211	Principles of Management
__ 3	BU	331	Human Resource Management
__ 3	BU	412	Organizational Behavior and Structure

**CHILD PSYCHOLOGY recommended courses (29)**

__ 3	PSY	201	Developmental Psych
__ 3	PSY	351	Counseling I
__ 3	PSY	462	Psychological Assessment
__ 3	PSY	472	Learning & Motivation
__ 3	PSY	368	Child & School Psychology
Choose 5 hours minimum from:			
__ 3	PSY	352	Counseling II
__ 2-3	PSY	435	Clinical/Counseling Practicum
	PSY	300+	
Recommended 9 hours from: PSY, ED, SOC, SW, or EM where courses focus on children or teens such as:			
	ED	320	Exceptional Learner
	ED	338	Intro to LBD
__ 3	ED	405	Learning/Performance & Assess
__ 3	ED	428	Interventions for Differentiation
__ 3	EM	340	Children's Ministry
	PSY	365	Adolescence & Emerging Adult
	SOC	252	Juvenile Delinquency
	PSY	300+	

**CHRISTIAN COUNSELING/PSYCHOLOGY recommended courses (29)**

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	442	Psychology of Religion
__ 3	PSY	445	Christian Counseling Methods
Choose 5 hours minimum from:			
__ 3	PSY	220	Stress Management
	PSY	393	Seminar
__ 2-3	PSY	435	Clinical/Counseling Practicum
	PSY	300+	
Recommended 9 hours from:			
__ 3	CM	201	Dynamics of Spiritual Growth
__ 3	PHL	361	Philosophy of Religion
__ 3	TH	340	Pastoral Theology
	PSY	300+	

**CLINICAL/COUNSELING PSYCHOLOGY recommended courses (29)**

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	452	Psychology of Personality
__ 3	PSY	462	Psychological Assessment
Choose 14 hours from:			
	PSY	220	Stress Management
__ 3	PSY	320	Psych of Gender & Sexuality
__ 3	PSY	342	Cross-Cultural Psychology
__ 3	PSY	368	Child & School Psychology
__ 3	PSY	365	Adolescence & Emerging Adult
__ 2	PSY	435	Clinical/Counseling Practicum
	PSY	436	Research Practicum
	PSY	300+	

**FORENSIC PSYCHOLOGY recommended courses (29)**

__ 3	PSY	340	Forensic Psychology
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	452	Psychology of Personality
__ 3	PSY	462	Psychological Assessment
Choose 5 hours minimum from:			
__ 3	PSY	342	Cross-Cultural Psychology
__ 2-3	PSY	435	Clinical/Counseling Practicum
	PSY	300+	
Recommended 9 hours from Natural sciences, SOC, or SW such as:			
__ 3	BIO	280	Scientific/Medical Terminology
__ 3	SOC	252	Juvenile Delinquency
__ 3	SOC	300+	
	Science	300+	

**SOCIAL PSYCHOLOGY recommended courses (29)**

[Recommend leadership gen ed: SOC 230 (3)]			
__ 3	PSY	320	Psych of Gender & Sexuality
__ 3	PSY	342	Cross-Cultural Psychology
__ 3	PSY	442	Psychology of Religion
__ 3	PSY	452	Psychology of Personality
Choose 8 hours minimum from:			
__ 3	PSY	393	Seminar
__ 2-3	PSY	435	Clinical/Counseling Practicum
__ 3	PSY	300+	
Recommended 9 hours from SOC such as:			
	SOC	312	Intercultural Relations
__ 3	SOC	341	Marriage & Family Studies
__ 3	SOC	372	Sociological Theory
__ 3	SOC	300+	
	or COM	251	Intercultural Communications

**STUDENT DEVELOPMENT PSYCHOLOGY recommended courses (29)**

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	342	Cross-Cultural Psychology
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	365	Adolescence & Emerging Adult
Choose 5 hours minimum from:			
	PSY	220	Stress Management
	PSY	320	Psych of Gender & Sexuality
__ 3	PSY	342	Cross-Cultural Psychology
__ 2-3	PSY	472	Learning & Motivation
	PSY	435	Clinical/Counseling Practicum
	PSY	300+	
Recommended 9 hours from COM, Leadership, UNV, or YM/EM such as:			
	COM	220	Interpersonal Communication
__ 3	COM	331	Group Communication/Leadership
__ 3	UNV	320	The Peer Instructor
__ 3	YM	350	Youth Ministry
	other	300+	

For Student Dev Psych, students strongly encouraged to pursue leadership position on campus as a Peer Educator, a TAG Coordinator or Leader, a Spiritual Life Advisor, a member of Student Government, a Practicum Counselor in the Center for Career and Calling, or another campus position deemed appropriate by the psychology faculty.