



2022-2023

HEALTH & PHYSICAL EDUCATION GRADES P-12 MAJOR, B.S.

Science & Health Department; School of Science, Health & Mathematics

Health and Physical Education is a major that certifies a student to teach health and physical education in primary through grade twelve, as well as provide access to a variety of other job opportunities. The main reason students choose this major is to teach health and physical education in the public or private school system. Students who want to coach a particular sport in the school setting are required in many states to be employed in the school system in which they are coaching. The employment combination of teaching and coaching is a common opportunity in education today.

To graduate must complete all major requirements, foundational requirements, and additional electives needed for 124 hour minimum degree requirement. This program may require more than 124 credits for a degree due to specific requirements.

MAJOR REQUIREMENTS (83)

__ 2	ED	200	Intro to Education
__ 1	ED	201	Struct Inquiry Clinical
__ 2	ED	220	Tech for Education
__ 2	ED	230	Human Growth/Development
__ 1	ED	301	Guided Inquiry Clinical
__ 3	ED	320	Exceptional Learner
__ 3	ED	385	Read/Writing Across Curriculum
__ 1	ED	401	Open Inquiry Clinical
__ 3	ED	405	Learning/Perform Assess
__ 2	ED	410	Classroom Management
__ 3	ED	422	Instruct Teaching PE (P-12)
__ 2	ED	428	Interventions/Differentiation
__ 6	ED	498	Student Teaching
__ 6	ED	499	Student Teaching
__ 3	EXS	200	Foundations of Health/EXS
__ 3	EXS	350	Phys Fitness Assessment
__ 3	EXS	371	Motor Learning/Development
__ 4	EXS	431	Kinesiology/Biomechanics __ Lab
__ 3	HC	250	Intro to Public Health*
__ 3	HC	320	Health Promo & Programs I*
__ 3	HC	410	Human Behavior & Health Intervention*
__ 3	HED	231	Injury Care & Safety
__ 3	HED	282	Community/Environ Health
__ 3	HED	312	Nutrition for Health/Perform
__ 2	HED	322	HPE in Elementary School
__ 3	PED	200	Intro to Coaching
__ 1	PED	205	Coaching Practicum I
__ 3	PED	360	Sport Skills I
__ 3	PED	361	Sport Skills II

Complete one Statistics course:

__ 3	PSY	315	Stats for Behavioral Science
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PLUS FOUNDATIONS REQUIREMENTS (47)

(Foreign Language not required for B.S. HPHE majors. Degree becomes B.A. with completion of Foreign Language.)

Plus electives if needed for the 124 hour degree requirement

*HC courses offered online.