



2022-2023

EXERCISE SCIENCE MINOR

Science & Health Department; School of Science, Health & Mathematics

MINOR REQUIREMENTS (20)

__ 3	EXS	350	Physical Fit Assess/Prescription
__ 3	EXS	371	Motor Learning/Development
__ 4	EXS	420	Physiology of Exercise __ Lab
__ 4	EXS	431	Kinesiology/Biomechanics __ Lab

__ 3 SPM 220 Intro to Sport Management

Choose one:

	BIO	252	Nutrition
__ 3	HED	312	Nutrition for Health/Perform

MAJORS AND MINORS

1. All students receiving a bachelor's degree must complete one major. Students are not required to have a minor.
2. Bachelor degree students may choose to complete up to two (2) minors. Each added minor must require 12 unique, additional credits not part of the student's majors or other minors.
3. Majors and minors must be officially declared to be listed on the student's record and official transcript. To declare, change, drop or add a major or a minor, students must contact the Registrar's Office or email: registrar@asbury.edu
4. Fifty percent of the course requirements for each undergraduate major or minor must be completed as a student at Asbury University.