

# Travel Medicine Information for Student Travelers

*As you begin the exciting process of planning travels abroad, Asbury University Student Health advises the following steps:*

- Go to the **CDC** (Center for Disease Control) website [www.cdc.gov/travel](http://www.cdc.gov/travel) and go to the section titled “**For Travelers**”. Select your destination(s) and check any boxes that pertain to your travel. This will give you a list of required or recommended vaccines as well as a wealth of other information about how to stay healthy while traveling abroad. Be sure to note particularly the sections entitled “**eat and drink safely**” & “**prevent bug bites**”.
- Check your vaccination record to determine what you have had &/or what you need to get. Your family or Asbury University Student Health should have a copy of your vaccination record on file.
- You may first want to check with your own primary care physician or your local health department to see if they offer travel medicine consultations and vaccinations. (Our local health departments in Nicholasville and Lexington do not offer these.)
- If you need a Yellow Fever vaccine you will need to find a **Yellow Fever Vaccination Clinic** for that, as they are the only places that give that vaccine. You can find a list of these travel clinics on the CDC site <http://wwwnc.cdc.gov/travel/yellow-fever-vaccination-clinics/search>
- Make an appointment to see a travel medicine provider either in this area or at home to be educated about your travel risks and what vaccines &/or medications you need for your trip. They will also be able to give you those vaccines &/or prescriptions during your appointment. This appointment should be scheduled 2-3 months before your departure.
- Travel specific vaccinations are not available at Asbury Student Health. However, Flu vaccines are given, should that be among the recommendations for your specific destination(s). Please email [health.services@asbury.edu](mailto:health.services@asbury.edu) for availability & appointment.
- Here is a list of recommended Travel Medicine clinics near Asbury University\*:

*\* Note: Some clinics may offer a discounted rate for groups of travelers going to the same destination.*

# Travel Medicine Providers Near Asbury University

## **Passport Health of Kentucky**

841 Corporate Drive Suite 210

Lexington, KY 40503

859-368-0344

<https://www.passporthealthusa.com/locations/ky/lexington/593/>

## **Redpoint Medical, PSC**

128 Southland Drive

Lexington, KY 40503

859-223-1963

<https://www.redpointmedical.net/>