



2020-2021

PSYCHOLOGY MAJOR, B.A.

Psychology Department; College of Arts, Humanities & Social Sciences

Psychology is the study of human behavior and other organisms in an effort to understand and explain their behavior. Such studies include both normal and abnormal behavior, aptitude, perception, development and individual differences. Psychology seeks to explain and understand human emotions, thought patterns and motives. There are many sub-branches of psychology including social, educational, developmental, abnormal, clinical, physiological, personality, industrial, sports, and counseling psychology to name a few. At Asbury, the major is presented from a Christian worldview.

To graduate must complete all major requirements, foundational requirements, and additional electives needed for 124 hour minimum degree requirement.

Required Foundations Social Science Course: PSY 101

MAJOR REQUIREMENTS (41)

| | | | |
|------|-----|-----|-----------------------------------|
| __ 3 | PSY | 210 | Social Psychology |
| __ 1 | PSY | 275 | Survey of Psych Careers |
| __ 1 | PSY | 276 | Writing for Behavioral Science |
| __ 3 | PSY | 315 | Statistics for Behavioral Science |
| __ 3 | PSY | 341 | History & Systems |
| __ 3 | PSY | 360 | Abnormal Psychology |
| __ 3 | PSY | 372 | Experimental Psychology |
| __ 1 | PSY | 373 | Experimental Psychology Lab |
| __ 1 | PSY | 375 | Integration & Vocation Seminar |
| __ 1 | PSY | 376 | Pre-Professional Seminar |
| __ 1 | PSY | 475 | Senior Seminar |
| __ 1 | PSY | 476 | Ethical Issues in Psychology |

Choose 19 hours of PSY courses 200 or higher:

[No more than 5 hours of independent study or practicum may apply toward major.]

| | | | |
|------|-----|-------|-------|
| __ 3 | PSY | _____ | _____ |
| __ 3 | PSY | _____ | _____ |
| __ 3 | PSY | _____ | _____ |
| __ 3 | PSY | _____ | _____ |
| __ 3 | PSY | _____ | _____ |
| __ 3 | PSY | _____ | _____ |
| __ 1 | PSY | _____ | _____ |

PLUS FOUNDATIONAL COURSE REQUIREMENTS (50)

Plus electives needed for the 124 hour degree requirement (33)

SEE THE FOLLOWING SUGGESTIONS FOR COMPLETING PSY HOURS

Choose an emphasis/concentration as guideline for the elective hours in PSY plus supporting electives up to 124 hour degree requirement.

^EQUINE FACILITATED MENTAL HEALTH CONCENTRATION (29)

| | | | |
|------------------------------|-----|------|----------------------------------|
| __ 3 | PSY | 201 | Developmental Psychology |
| __ 3 | PSY | 322 | Equine Facilitated Mental Health |
| __ 3 | PSY | 351 | Counseling I |
| __ 3 | PSY | 352 | Counseling II |
| __ 3 | PSY | 472 | Learning & Motivation |
| Choose 5 hours minimum from: | | | |
| __ 3 | PSY | 220 | Stress Management |
| __ 3 | PSY | 320 | Psych of Gender & Sexuality |
| __ 2-3 | PSY | 393 | Seminar |
| __ 3 | PSY | 435 | Clinical/Counseling Practicum |
| __ 3 | PSY | 300+ | _____ |

Recommended 9 hours from EQM such as:

| | | | |
|------|----|------|--------------------------|
| __ 3 | EQ | 208 | Intro Therapeutic Riding |
| __ 3 | EQ | 245 | Riding Instructor Cert |
| __ 3 | EQ | 300+ | _____ |

^The Equine Facilitated Mental Health (EFMH) Concentration is specific from the Equine Studies major with Equine Assisted Activities (EQSA) concentration. Equine Facilitated Mental Health requires a dual major in Equine Studies with EQSA concentration and Psychology with the EFMH Studies concentration (above).

BIOLOGICAL PSYCHOLOGY (29)

[Recommended science gen ed: BIO 201/203 (4)]

| | | | |
|------|-----|-----|--------------------------|
| __ 3 | PSY | 201 | Developmental Psychology |
| __ 3 | PSY | 330 | Cognitive Psychology |
| __ 3 | PSY | 381 | Physiological Psychology |
| __ 3 | PSY | 462 | Psychological Assessment |
| __ 3 | PSY | 472 | Learning & Motivation |

Choose 5 hours minimum from:

| | | | |
|--------|-----|------|-------------------------------|
| __ 3 | PSY | 220 | Stress Management |
| __ 2-3 | PSY | 435 | Clinical/Counseling Practicum |
| __ 3 | PSY | 300+ | _____ |

Recommended 8 hours from: Natural sciences, SOC, or SW such as:

| | | | |
|------|---------|------|--------------------------------|
| __ 3 | BIO | 262 | Human Physiology |
| __ 3 | BIO | 331 | Human Anatomy |
| __ 3 | BIO | 280 | Scientific/Medical Terminology |
| __ 3 | Science | 300+ | _____ |

BUSINESS PSYCHOLOGY (29)

| | | | |
|------|-----|-----|-----------------------------|
| __ 3 | PSY | 221 | Stress Management |
| __ 3 | PSY | 320 | Psych of Gender & Sexuality |
| __ 3 | PSY | 352 | Counseling II |
| __ 3 | PSY | 342 | Cross-Cultural Psychology |
| __ 3 | PSY | 462 | Psychological Assessment |
| __ 3 | PSY | 472 | Learning and Motivation |

Choose 1 additional hour in psychology – recommended option:

| | | | |
|--------|-----|-----|---------------------------------------|
| __ 1-3 | PSY | 452 | Personality Psychology |
| __ 3 | BU | 211 | Principles of Management |
| __ 3 | BU | 331 | Human Resource Management |
| __ 3 | BU | 412 | Organizational Behavior and Structure |

CHILD PSYCHOLOGY (29)

| | | | |
|------|-----|-----|---------------------------|
| __ 3 | PSY | 201 | Developmental Psych |
| __ 3 | PSY | 351 | Counseling I |
| __ 3 | PSY | 462 | Psychological Assessment |
| __ 3 | PSY | 472 | Learning & Motivation |
| __ 3 | PSY | 368 | Child & School Psychology |

Choose 5 hours minimum from:

| | | | |
|--------|-----|------|-------------------------------|
| __ 3 | PSY | 352 | Counseling II |
| __ 2-3 | PSY | 435 | Clinical/Counseling Practicum |
| __ 3 | PSY | 300+ | |

Recommended 9 hours from: PSY, ED, SOC, SW, or EM where courses focus on children or teens such as:

| | | | |
|------|-----|------|-----------------------------------|
| __ 3 | ED | 320 | Exceptional Learner |
| __ 3 | ED | 338 | Intro to LBD |
| __ 3 | ED | 405 | Learning/Performance & Assess |
| __ 3 | ED | 428 | Interventions for Differentiation |
| __ 3 | EM | 340 | Children's Ministry |
| __ 3 | PSY | 365 | Adolescence & Emerging Adult |
| __ 3 | SOC | 252 | Juvenile Delinquency |
| __ 3 | PSY | 300+ | |

CHILD PSYCHOLOGY (29)

| | | | |
|------|-----|-----|---------------------------|
| __ 3 | PSY | 201 | Developmental Psych |
| __ 3 | PSY | 351 | Counseling I |
| __ 3 | PSY | 462 | Psychological Assessment |
| __ 3 | PSY | 472 | Learning & Motivation |
| __ 3 | PSY | 368 | Child & School Psychology |

Choose 5 hours minimum from:

| | | | |
|--------|-----|------|-------------------------------|
| __ 3 | PSY | 352 | Counseling II |
| __ 2-3 | PSY | 435 | Clinical/Counseling Practicum |
| __ 3 | PSY | 300+ | |

Recommended 9 hours from: PSY, ED, SOC, SW, or EM where courses focus on children or teens such as:

| | | | |
|------|-----|------|-----------------------------------|
| __ 3 | ED | 320 | Exceptional Learner |
| __ 3 | ED | 338 | Intro to LBD |
| __ 3 | ED | 405 | Learning/Performance & Assess |
| __ 3 | ED | 428 | Interventions for Differentiation |
| __ 3 | EM | 340 | Children's Ministry |
| __ 3 | PSY | 365 | Adolescence & Emerging Adult |
| __ 3 | SOC | 252 | Juvenile Delinquency |
| __ 3 | PSY | 300+ | |

CLINICAL/COUNSELING PSYCHOLOGY (29)

| | | | |
|------|-----|-----|---------------------------|
| __ 3 | PSY | 201 | Developmental Psychology |
| __ 3 | PSY | 351 | Counseling I |
| __ 3 | PSY | 352 | Counseling II |
| __ 3 | PSY | 452 | Psychology of Personality |
| __ 3 | PSY | 462 | Psychological Assessment |

Choose 14 hours from:

| | | | |
|------|-----|------|-------------------------------|
| __ 3 | PSY | 220 | Stress Management |
| __ 3 | PSY | 320 | Psych of Gender & Sexuality |
| __ 3 | PSY | 342 | Cross-Cultural Psychology |
| __ 3 | PSY | 368 | Child & School Psychology |
| __ 3 | PSY | 365 | Adolescence & Emerging Adult |
| __ 2 | PSY | 435 | Clinical/Counseling Practicum |
| __ 3 | PSY | 436 | Research Practicum |
| __ 3 | PSY | 300+ | |

CHRISTIAN COUNSELING/PSYCHOLOGY (29)

| | | | |
|------|-----|-----|--------------------------|
| __ 3 | PSY | 201 | Developmental Psychology |
| __ 3 | PSY | 351 | Counseling I |
| __ 3 | PSY | 352 | Counseling II |
| __ 3 | PSY | 442 | Psychology of Religion |

| | | | |
|------|-----|-----|------------------------------|
| __ 3 | PSY | 445 | Christian Counseling Methods |
|------|-----|-----|------------------------------|

Choose 5 hours minimum from:

| | | | |
|--------|-----|------|-------------------------------|
| __ 3 | PSY | 220 | Stress Management |
| __ 3 | PSY | 393 | Seminar |
| __ 2-3 | PSY | 435 | Clinical/Counseling Practicum |
| __ 3 | PSY | 300+ | |

Recommended 9 hours from:

| | | | |
|------|-----|------|------------------------------|
| __ 3 | CM | 201 | Dynamics of Spiritual Growth |
| __ 3 | PHL | 361 | Philosophy of Religion |
| __ 3 | TH | 340 | Pastoral Theology |
| __ 3 | PSY | 300+ | |

FORENSIC PSYCHOLOGY (29)

| | | | |
|------|-----|-----|---------------------------|
| __ 3 | PSY | 340 | Forensic Psychology |
| __ 3 | PSY | 351 | Counseling I |
| __ 3 | PSY | 352 | Counseling II |
| __ 3 | PSY | 452 | Psychology of Personality |
| __ 3 | PSY | 462 | Psychological Assessment |

Choose 5 hours minimum from:

| | | | |
|--------|-----|------|-------------------------------|
| __ 3 | PSY | 342 | Cross-Cultural Psychology |
| __ 2-3 | PSY | 435 | Clinical/Counseling Practicum |
| __ 3 | PSY | 300+ | |

Recommended 9 hours from Natural sciences, SOC, or SW such as:

| | | | |
|------|---------|------|--------------------------------|
| __ 3 | BIO | 280 | Scientific/Medical Terminology |
| __ 3 | SOC | 252 | Juvenile Delinquency |
| __ 3 | SOC | 300+ | |
| __ 3 | Science | 300+ | |

SOCIAL PSYCHOLOGY (29)

[Recommend leadership gen ed: SOC 230 (3)]

| | | | |
|------|-----|-----|-----------------------------|
| __ 3 | PSY | 320 | Psych of Gender & Sexuality |
| __ 3 | PSY | 342 | Cross-Cultural Psychology |
| __ 3 | PSY | 442 | Psychology of Religion |
| __ 3 | PSY | 452 | Psychology of Personality |

Choose 8 hours minimum from:

| | | | |
|--------|-----|------|-------------------------------|
| __ 3 | PSY | 393 | Seminar |
| __ 2-3 | PSY | 435 | Clinical/Counseling Practicum |
| __ 3 | PSY | 300+ | |

Recommended 9 hours from SOC such as:

| | | | |
|------|--------|------|------------------------------|
| __ 3 | SOC | 312 | Intercultural Relations |
| __ 3 | SOC | 341 | Marriage & Family Studies |
| __ 3 | SOC | 372 | Sociological Theory |
| __ 3 | SOC | 300+ | |
| __ 3 | or COM | 251 | Intercultural Communications |

STUDENT DEVELOPMENT PSYCHOLOGY (29)

| | | | |
|------|-----|-----|------------------------------|
| __ 3 | PSY | 201 | Developmental Psychology |
| __ 3 | PSY | 342 | Cross-Cultural Psychology |
| __ 3 | PSY | 351 | Counseling I |
| __ 3 | PSY | 352 | Counseling II |
| __ 3 | PSY | 365 | Adolescence & Emerging Adult |

Choose 5 hours minimum from:

| | | | |
|--------|-----|------|-------------------------------|
| __ 3 | PSY | 220 | Stress Management |
| __ 3 | PSY | 320 | Psych of Gender & Sexuality |
| __ 3 | PSY | 342 | Cross-Cultural Psychology |
| __ 2-3 | PSY | 472 | Learning & Motivation |
| __ 3 | PSY | 435 | Clinical/Counseling Practicum |
| __ 3 | PSY | 300+ | |

Recommended 9 hours from COM, Leadership, UNV, or YM/EM such as:

| | | | |
|------|-------|------|--------------------------------|
| __ 3 | COM | 220 | Interpersonal Communication |
| __ 3 | COM | 331 | Group Communication/Leadership |
| __ 3 | COM | 350 | Organizational Leadership |
| __ 3 | UNV | 320 | The Peer Instructor |
| __ 3 | YM | 350 | Youth Ministry |
| __ 3 | other | 300+ | |

For Student Dev Psych, students strongly encouraged to pursue leadership position on campus as a Peer Educator, a TAG Coordinator or Leader, a Spiritual Life Advisor, a member of Student Government, a Practicum Counselor in the Center for Career and Calling, or another campus position deemed appropriate by the psychology faculty.