

REC 2017

7/1/2017

## RECREATION MAJOR

### MAJOR REQUIREMENTS (45) (15 Core + 30 Concentration)

|      |     |     |                              |
|------|-----|-----|------------------------------|
| __ 3 | REC | 112 | Theories Outdoor/Exper Ed    |
| __ 3 | REC | 312 | Outdoor Christian Leadership |
| __ 3 | REC | 342 | Recreation Programming       |
| __ 3 | REC | 422 | Plan/Design/Maintenance      |
| __ 3 | SPM | 400 | Sport Law                    |

REQUIRED CONCENTRATION (choose one):

### RECP - PUBLIC RECREATION (30)

|      |     |     |                              |
|------|-----|-----|------------------------------|
| __ 3 | HED | 231 | Injury Care and Safety       |
| __ 3 | PED | 275 | Principles of Admin in EXS   |
| __ 1 | PED | 321 | Adaptive Physical Ed         |
| __ 1 | REC | 228 | Practicum                    |
| __ 3 | REC | 252 | Principles Church Recreation |
| __ 6 | REC | 435 | Internship                   |

Choose one Sports Skills:

|      |     |     |                 |
|------|-----|-----|-----------------|
| __ 3 | PED | 360 | Sport Skills I  |
|      | PED | 361 | Sport Skills II |

Choose one PE course:

|      |    |     |                            |
|------|----|-----|----------------------------|
|      | PE | 130 | Beginning Horseback Riding |
|      | PE | 131 | Interm Horseback Riding    |
| __ 1 | PE | 280 | Lifeguard Training         |
|      | PE | 300 | Water Safety Instructor    |

Choose 9 hours from Recreation courses:

|      |     |     |                               |
|------|-----|-----|-------------------------------|
|      | EQM | 202 | Stable Management             |
| __ 3 | EQM | 245 | Riding Instructor Cert        |
|      | EQM | 251 | Horse Training                |
| __ 3 | EXS | 350 | Physical Fit Assess/Presc     |
|      | REC | 173 | Outdoor Living Skills         |
| __ 3 | REC | 231 | Therapeutic Recreation        |
|      | REC | 362 | Challenge Course Facilitation |
|      | REC | 393 | Seminar                       |

### RECA - ADVENTURE LEADERSHIP (30)

|      |     |     |                             |
|------|-----|-----|-----------------------------|
| __ 3 | REC | 173 | Outdoor Living Skills       |
| __ 2 | REC | 410 | Leader, Facilitator & Guide |
| __ 4 | REC | 435 | Internship                  |

### BLOCK SEMESTER

Completion of REC 112, and Proof of Lifeguard

Certification required for participation in these five courses

|      |     |     |                            |
|------|-----|-----|----------------------------|
| __ 3 | REC | 270 | Wilderness First Responder |
| __ 3 | REC | 271 | Adventure Skills I         |
| __ 3 | REC | 272 | Adventure Skills II        |
| __ 3 | REC | 274 | Expedition Lead/Plan       |
| __ 3 | REC | 275 | Outdoor Ed & Stewardship   |

Choose one Recreation course:

|      |     |     |                               |
|------|-----|-----|-------------------------------|
| __ 3 | REC | 231 | Therapeutic Recreation        |
|      | REC | 362 | Challenge Course Facilitation |

Choose one Administrative course:

|      |     |     |                             |
|------|-----|-----|-----------------------------|
|      | BU  | 211 | Principles of Management    |
|      | COM | 220 | Interpersonal Communication |
|      | COM | 331 | Group Comm & Leadership     |
|      | EQM | 202 | Stable Management           |
|      | EQM | 310 | Farm & Ranch Management     |
| __ 3 | PED | 275 | Principles of Admin in EXS  |
|      | PSY | 201 | Developmental Psychology    |
|      | PSY | 210 | Social Psychology           |
|      | SOC | 252 | Juvenile Delinquency        |
|      | SW  | 351 | Family Life Education       |
|      | YM  | 350 | Youth Ministry              |

### PLUS FOUNDATIONAL COURSE REQUIREMENTS (46)

### PLUS ELECTIVES NEEDED FOR THE 124 HOUR DEGREE REQUIREMENT (33)