SECTION: Student Development / Student Leadership Development

SUBJECT: Challenge Course
- Challenge Course Waiver Form
- Challenge Course Medical Form

ISSUED BY: Student Development
REPLACES: September 1996 Policy
APPROVED BY: Vice President for Student Development
EFFECTIVE DATE: March 2000

Purpose:
To provide leadership training and team-building opportunities for the Asbury College community and for members of the larger Bluegrass region. The Challenge Course is one component of the Student Leadership Development (SLD) programs. Revenue generated from off-campus groups supports the SLD programs and makes it possible for the Challenge Course to be offered to students for free or at a nominal fee.

Use Priorities:
Program priority is given first to the Asbury College community by setting aside certain days each semester for structured training and open enrollment opportunities. Outside these 4-6 scheduled events per semester, priority is given to the first group on or off campus that commits to a given date. Students who participate in Challenge Course events are given credit for the LEAD-ON! Co-curricular Transcript.

Procedure for Scheduling Challenge Course Programming:
Any group on or off campus must contact the Adventure Program Coordinator. The group leader & adventure program coordinator then decide on an appropriate date and the program design. All necessary pre-event information is sent to the group.

Documentation:
Pertinent information is added to the scheduling database on Microsoft Access. A Group Agreement Form is written which contains the event details. The form is signed by the Coordinator or representative and sent to the group’s contact person for review. The group contact signs the form and returns it to the Coordinator. The form outlines the program date, time, fees, any special instructions or clarifications, and the predicted number of participants. Frequently, a deposit is required to reserve the program date.

A signed and dated Waiver Form is a prerequisite for each participant. For most adult groups, this form will be introduced and signed at the outset of the program on site. For programs involving minors, the signature of a parent or guardian is required and will be sent to participants before the event. No one without a signed Waiver Form will be allowed to participate. On the opposite side of the Waiver Form participants are asked to fill out a brief Medical Form. This form is useful to assist staff in addressing physical needs and to encourage participants’ commitment to their personal safety throughout the program.
**Payment:**
Arrangements for payment will be made with the Adventure Programs Coordinator. The deposit which is usually half the expense of the program goes toward payment. The remainder of the fee is expected on the day of the program, unless otherwise arranged through the Coordinator. Groups may pay by cash, check to Asbury College, through purchase orders, and by transferring moneys through the Asbury College accounts payable if they are a campus group. In cases of cancellation, the deposit value will be credited toward securing a future date.

**Fees (per person, per day):**

- **Asbury College Students & Staff:** Free if group is directly linked to an academic purpose or the offices of Student Development. If not, there may be a $50 per group fee.
- **Asbury Theological Seminary** $15 for half day, $25 for full day
- **Non-Profit Youth Programs** $15 for half day, $25 for full day, $5 extra for lunch
- **Non-Profit Adult Groups** $20 for half day, $30 for full day, $5 extra for lunch
- **For Profit Business Groups** $80 for half day, $150 for full day (includes lunch)

Groups with financial constraints may negotiate fees with the Coordinator based upon considerations of community service, program length, staffing, early booking, participant numbers, or for marketing purposes.

June 2001
Waiver Form          Agreement to Participate; Assumption of Risk and Release

Group Name ______________________________   Date on Course _____________

Disclosure:
Challenge Course programming uses a variety of activities including stretching, warm-ups, games, team-building initiatives and high ropes obstacles to elicit experiential learning. Some of these activities can be physically and/or emotionally demanding. These activities are sequentially offered throughout the day usually beginning with lesser challenges and ending with greater challenges. These activities are designed to be within the capability of anyone who is in reasonably good health. Each of the activities will be presented upon a “Challenge by Choice” framework, which means that each participant chooses their own level of participation.

According to statistics, participating in Challenge Course activities is much safer than everyday behaviors such as operating an automobile. However, it must be understood that although the program has been carefully designed for your group and will be operated by well-trained staff, the risk of injury, disability or death cannot be totally eliminated. These risks include but are not limited to: inclement weather; loss or damage to personal property; accidents resulting from climbing, swinging, jumping or other types of outdoor activities; the hazards of accidents in a relatively remote place; unforeseeable acts of nature and the emotional effects of being in perceived risk.

Release of Liability:
In consideration of the above disclosure, I hereby release and hold harmless from liability, Asbury College, its staff members, volunteers, directors, officers and other employee and/or agents in the event of any injury not resulting from the negligence of any such staff, volunteers, directors, officers, and other employee and/or agents while engaging in activities in the Asbury College Challenge Course program.

My signature below confirms that
I HAVE READ AND FULLY UNDERSTAND THIS DOCUMENT

Participant___________________________________  Date____________________________
Name Printed__________________________________

(For persons under 18 years of age, parent or legal guardian must sign as witness.)
Parent/Guardian_______________________________ Date____________________________

Asbury Challenge Course 1 Macklem Dr, Wilmore KY 40390  606 858 3511 (2491)
Medical Form

The adventure education environment must be a safe one. This form is intended to notify staff of your existing medical conditions that could impact the safety of yourself & the group.

**Questions:**

1. Do you experience or have you experienced any heart problems or are you taking any heart-related medication?

2. Are you taking any medication for pain or for chronic illness?

3. Do you have higher-than-average blood pressure?

4. Do you experience any: (a) allergies *food, bees, insects, poison ivy, chiggers, etc.*

   (b) reactions to medications

   (c) physical condition or limitation *backache, knee, shoulder, neck, etc.*

5. Do you have any other condition(s) which you think may be aggravated by your participation in the program?

In case of emergency, contact: __________________________ at (phone/pager):_______________________

**NOTE:** *If the answer to any of the questions above is “Yes,” one of our staff may like to check-in with you about the situation. We are able and willing to adjust the program to fit your needs (within reason).*

I have disclosed to program staff any pertinent medical reasons that may affect my safety or the safety of others during this program. In addition, according to my specific limitations, I agree to retain the right and responsibility to choose and direct my own level of participation.

Signed: ___________________________ Date: ___________________________

Witness *(if participant is under 18)*: ___________________________

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