Recreation is a major which focuses on the design, management, implementation and necessity of recreational activities for individuals and groups of all ages and backgrounds. It includes a broad range of activities related to camping, outdoors, leisure, sporting events, equine studies and community recreation programs. The Recreation major prepares students for positions in parks and recreation administration, facility planning and design, outdoor leadership, and recreation programming.

**Associated Job Titles:**
- Intramural Director
- Recreation Supervisor
- Director of Community Recreation
- Outdoor Recreation Director
- Summer Camp Director
- Church Recreation Director
- Community Center Director
- Fitness Instructor
- Equine Specialist or Director
- Park Ranger
- Physical Therapist
- Program Planner
- Resort Manager
- Municipal/County/State/Federal Parks employee

**Associated Skills:**
- Good administrative and managerial skills
- Ability to relate well with various age groups and backgrounds
- Ability to lead, supervise, organize and direct activities
- Physical stamina and agility
- Excellent health
- Ability to create, organize, and promote programs and facilities
- General knowledge of recreation and leisure theories and studies
- Proficiency in written and oral communication
- Plan, implement and review goals, objectives and standards for
- Park and Recreation activities and facilities
- Knowledge of equipment and safety practices
- Ability to solve problems and make appropriate decisions in a timely manner

**Associated Personal Qualities:**
- Appreciation for the outdoors
- Emotional well-being
- Sensitivity toward others
- Appreciation for and enjoyment of people
- Dedication
- Patience
- Outgoing personality
- Friendly and warm manner
- Good work ethic - “Our work is someone’s play”

**Career Library Resources:**
- Opportunities in Recreation and Leisure Careers
- Careers with Horses
- Opportunities in Sports and Athletics Careers
- What Color Is Your Parachute?
- Career Planning Today
- Majoring in the Rest of Your Life
- Do What You Are
- Encyclopedia of Careers and Vocational Guidance
- The Kuder Book of People Who Like Their Work

**The Enhanced Guide for Occupational Exploration**
- The Dictionary of Occupational Titles
- The Occupational Outlook Handbook
- FOCUS Computer Guidance System

**Places To Contact For More Information:**
- American Association for Leisure and Recreation
  1900 Association Dr.
  Reston, VA. 20191
- American Hiking Association
  P.O. Box 20160
  Washington, DC 20041
- American Recreation Coalition
  1225 New York Avenue NW Suite 450
  Washington, DC 20005
- American Camping Association
  5000 State Road 67 North
  Martinsville, IN 46151
- Association of Church Sports and Recreations Ministers
  9132 Kingston Pk.
  Knoxville, TN 37923
- National Forest Recreation Association
  325 Pennsylvania Ave. SE
  Washington, DC 20003
- National Intramural-Recreational Sports Association
  4185 SW Research Way
  Corvallis, OR 97333-1067
- National Recreation and Park Association
  22377 Belmont Ridge Rd.
  Ashburn, VA 20148
- Outdoor Recreation Coalition of America
  P.O. Box 1319
  Boulder, CO 80306

**Websites To Visit:**
- www.gorp.com
- www.narrp.org
- www.horsecouncil.org
- www.atra-tr.org
- www.nfra.org
- www.aahperd.org
- www.aca-camps.org
- www.parks.ky.gov
- www.nrpa.org
- www.kyrec.org

**Professors To Contact For More Information:**
- Dr. Ken Pickerill, Chair
- Professor Harold Rainwater
**Nearby Employers:**
Shelbyville-Shelby County Parks & Recreation 717 Burks Branch Rd. Shelbyville  (502) 633-5059
Lexington Parks and Recreation  545 North Upper St.  288-2900
Nicholasville/Jessamine Co. Parks and Recreation  402 Park Dr. Nicholasville  885-9787
Wilmore Parks & Recreation  325 E. Main St. Wilmore  858-9013
Kentucky Veteran Center  One Veterans Dr.  858-2814
Jessamine County YMCA  220 E. Maple Nicholasville  885-5013
Georgetown/Scott County Parks and Recreation  140 Pavilion Dr.
Georgetown  (502) 863-7865
Local horse farms and equine organizations
*Addresses listed are located in the Lexington, Kentucky area unless otherwise noted.*

**Alumni Contacts:**
Schedule an appointment with Career Services to conduct a tailored search for alumni working in the fields associated with this major.